## Breakfast Down-Under Style

Your task is to create a new Australian Iconic Breakfast. Rather than Cornflakes and Rice Bubbles or bread and Vegemite, how about you create a new breakfast, Down-Under style?

## Your breakfast:

\*needs to reflect the balance of foods from the Australian Guide to Healthy Eating. Categorize each food into its food group.

\*needs to be original and inventive. Jam and toast? I don't think so!

\*needs to include at least one new food to you

\*will be presented as an aerial view with foods labeled. You may also opt for using an app to create your breakfast, however make sure your foods are labeled.

\*needs a catchy, snatchy, far-out funky name

## Assessment Criteria

|   | Max Mark | Mark Obtained |
|---|----------|---------------|
| Creative and original                     | 5        |               |
| Reflects food group balance of Australian | 6        |               |
| Guide to Healthy Eating                   |          |               |
| Catchy name                               | 2        |               |
| One new food                              | 2        |               |
| Detailed, labeled aerial view             | 5        |               |
| TOTAL                                     | 20       |               |