Chocolate Eclairs



Ingredients:

Choux Pastry 1/3 C Plain Flour 40g Butter 1/3 C Water 2 Eggs

Custard Cream Filling

1/4 C Caster Sugar

2 Egg Yolks

1/4 C Flour, sifted

125ml Milk

125ml Thickened Cream

2 t Vanilla essence

Chocolate Topping
70g Dark Chocolate, melted



Method:

- 1. Preheat oven to 220°C. Line a baking tray.
- 2. Sift Flour.
- 3. Place butter and water into a medium saucepan.
- 4. Stir over a low heat for about 5 minutes, until butter is melted and the mixture comes to the boil.
- 5. Remove from heat and add flour. Stir vigorously with a wooden spoon until the mixture forms a ball and comes away from the sides of the saucepan.
- 6. **Cool** for a few minutes, so you do not cook your eggs when you add them.
- 7. Add 1 egg and beat well, then add small amounts of the second egg, until a paste is formed (adding to much will make the mixture too runny). The mixture should look smooth and glossy.
- 8. Place cooled mixture into a piping bag and pipe lines about 8cm long and 2cm wide onto the tray.
- 9. Bake in oven for 25 minutes until pastry is a golden colour. Then **turn off the oven** to dry out the centre.
- 10. Allow to cool on a cooling rack.
- 11. Meanwhile, for the custard filling, whisk the sugar and egg yolks together. Add the flour and whisk until smooth.
- 12. Warm the milk, cream and vanilla in a small saucepan over a low heat. **Do not allow to boil**.
- 13. Over a medium heat, gradually whisk the egg mix into the milk mix. Continue whisking until the mixture thickens.
- 14. Allow to cool.
- 15. Use a sharp knife to cut each éclair lengthways, without cutting all the way through.
- 16. Pipe custard cream into each éclair.
- 17. Melt the chocolate (microwave on low at 20 sec. increments) and spread it on top of each éclair.
- 18. Place in fridge for 10 minutes until chocolate is set.